

ATHE QUALIFICATION

ATHE Level 3 Diploma in Health and Social Care

From your first lesson to your ATHE qualification

OFQUAL-REGULATED • LEVEL 3

60 credits • Six mandatory units

Flexible online learning
Assignment-based assessment

HF Online offers this qualification as a reseller
in partnership with One Education, the main
approved centre.

Awarding body

ATHE — Ofqual regulated

60 credits

Six mandatory units

Online learning

Assignment-based



A recognised Level 3 learning route

Awarding organisation	ATHE
Qualification number	603/6568/7
Qualification level	Level 3
Regulation	Ofqual-regulated
Mandatory units	Six
Total credit value	60 credits
Assessment	Assignments rather than written examinations
Overall grading	Pass, Merit or Distinction
Delivery	Online distance learning through HF Online
Progression	Eligible for UCAS Tariff points

Who is this route for?

Equivalent in level to an A Level or Access to Higher Education qualification.

This route may suit learners who want:

- A recognised foundation in health and social care
- Assignment-based assessment
- Flexible online study
- Preparation for related higher-level learning

Universities and employers set their own entry requirements.

Your complete learner journey

Ten clear steps take you from enrolment to your official ATHE qualification.

01 Enrol

Complete enrolment and receive access to your online account.

02 Explore

Open the dashboard and review the qualification structure.

03 Learn

Use learner manuals, learning outcomes, indicative content and supporting resources.

04 Check

Complete self-assessment activities to review your understanding.

05 Prepare

Read the assignment brief and plan evidence against every assessment criterion.

06 Submit

Upload your assignment through the required process.

07 Receive feedback

Review the assessor's decision and written guidance.

08 Improve

Complete further work where required and permitted.

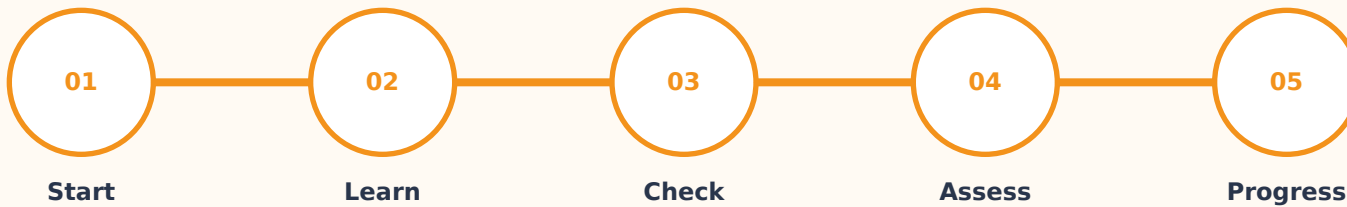
09 Achieve

Meet the learning outcomes and assessment criteria for each unit.

10 Complete

Earn 60 credits, complete quality assurance and receive the ATHE qualification.

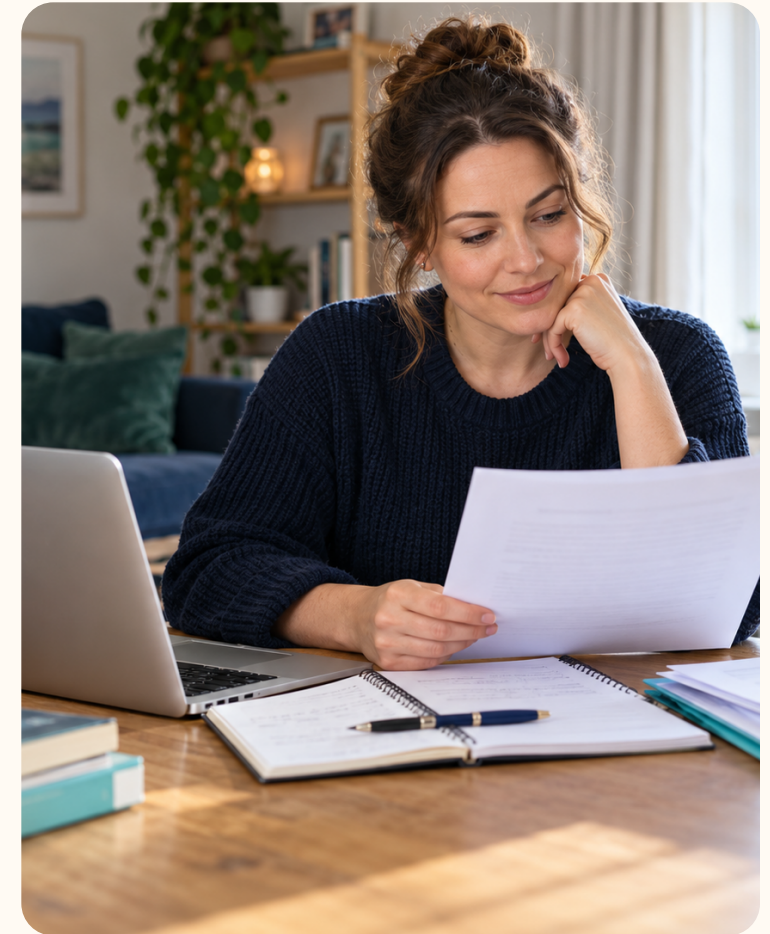
How online study works



Self-assessment supports learning, but formal achievement depends on meeting the required learning outcomes and assessment criteria through assignment evidence.

BEFORE BEGINNING

Review all six units, understand the assessment requirements and create a realistic personal study plan.



Your six-unit curriculum roadmap

Six mandatory units · 60 credits in total

1

Structure and Overview of the Health and Social Care Sector

Sector structure, provision across life stages, specialist areas and current issues.

12 CREDITS

2

Principles, Values and Regulation in the Health and Social Care Sector

Policy, legislation, guidance and the principles underpinning care.

10 CREDITS

3

Human Growth and Development

Development across the lifespan, life factors, transitions and ageing.

5 CREDITS

4

Working in Health and Social Care

Person-centred working, communication, infection control, professional relationships, care planning and safe medication principles.

15 CREDITS

5

Research in Health and Social Care

Research approaches, topic selection and completion of a sector-based project.

10 CREDITS

6

Personal and Professional Development

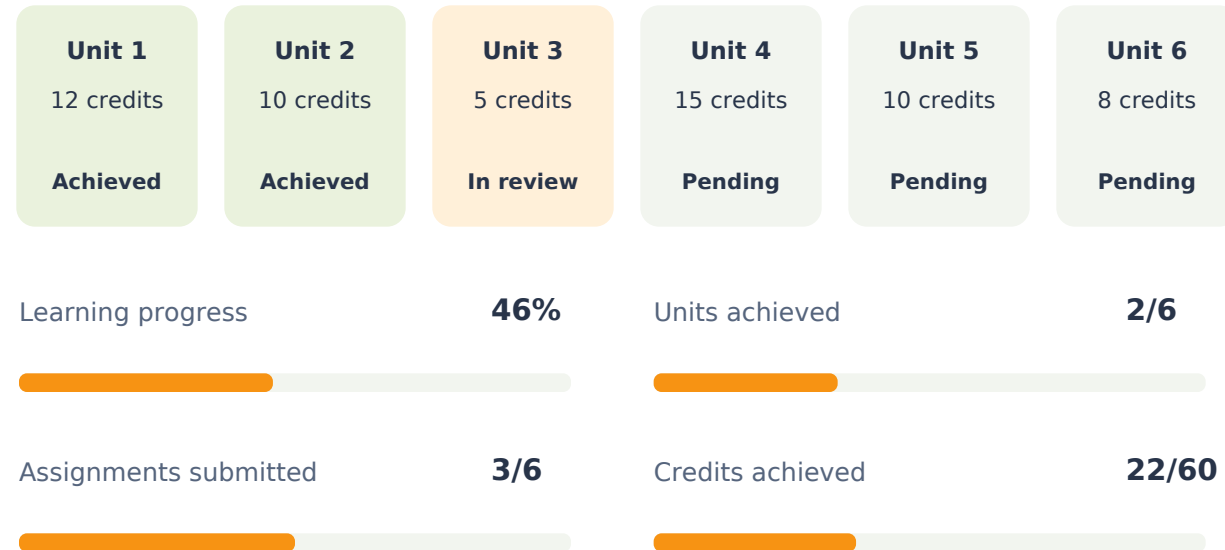
Career progression, reflective practice and personal development planning.

8 CREDITS

Your 60-credit target

ILLUSTRATIVE PROGRESS TRACKER

Two units achieved; Unit 3 assessment in progress.



How credits are achieved

- 1 Complete the learning
- 2 Submit the required assignment evidence
- 3 Meet every learning outcome and assessment criterion
- 4 Achieve the unit
- 5 Add its credits to the qualification

Credits are not awarded simply for opening lessons or spending time on the platform. All six mandatory units must be achieved.

Illustrative example - the information and appearance of the live learning platform may differ.



Assignment, feedback and grading

NO WRITTEN EXAMINATIONS

Each unit is assessed through assignment evidence.

ASSESSMENT FLOW

1

Study

2

Read brief

3

Plan &
research

4

Produce
work

5

Submit

FEEDBACK MAY

- Confirm successful evidence
- Identify areas requiring clarification or development
- Highlight assessment criteria not yet met
- Guide an improved submission where permitted

GRADING

Successful learners receive an overall Pass, Merit or Distinction under ATHE requirements. The result reflects the assessed quality of evidence, not lesson-completion percentage alone.

Marking times, contact arrangements and resubmission conditions follow the provider's current learner policies.

Strong evidence answers the exact task, demonstrates understanding, applies relevant concepts, uses reliable sources, is clearly organised and responds carefully to feedback.

Quality assurance to certification



FINAL CHECKLIST

- Six mandatory units achieved
- All required learning outcomes and assessment criteria met
- 60 credits achieved
- Overall grade confirmed
- Required quality-assurance checks completed
- Learner details checked for certification

FINAL OUTCOME

ATHE Level 3 Diploma in Health and Social Care achieved.

Certification follows successful completion and the required quality-assurance checks.

Trusted by learners

Independent review snapshot • figures displayed on HF Online course page when checked in October 2026.

Learner rating

4.8 / 5

Average from 2,600+ reviews

[View current HF Online reviews →](#)

Trustpilot

Rated Great

Read current learner reviews

[View current HF Online reviews →](#)

Course feedback

Assignment support

Learners highlight clear materials and helpful tutor feedback

[View current HF Online reviews →](#)

Live reviews

Updated online

Ratings may change as new reviews are added

[View current HF Online reviews →](#)

Learner feedback shown on the course page is provided for information. Individual experiences vary.

Take your next step

Build knowledge

Develop a foundation across health and social care provision, regulation, human development, person-centred practice, research and professional development.

Complete the journey

Study every unit, submit the required evidence, respond to feedback and achieve all 60 credits.

Progress with purpose

The qualification may support progression towards related higher education, higher-level vocational study, entry-level support opportunities or continued professional development.

This qualification does not qualify someone as a nurse or guarantee a particular role. Nursing requires an approved nursing degree and professional registration. Always check university, employer and regulator requirements.

ATHE Level 3 Diploma in Health and Social Care

Six units · 60 credits · Online learning · Assignment-based assessment

Explore the course with HF Online

Information checked against the official ATHE page and HF Online course information in October 2026.